

## PANINIS & GRILL HOUSE

<b>MANHATTAN MELT</b> Lemon Cajun chicken with mozzarella, crispy bacon & salsa.	<b>£3.60</b>
<b>HUNTERS</b> BBQ chicken with crispy bacon & mozzarella.	<b>£3.60</b>
<b>SPANISH CHICKEN</b> Chicken breast with chorizo, Monterey jack cheese & salsa.	<b>£4.20</b>
<b>BEEF &amp; BLUE</b> Pan fried steak with blue cheese & sauteed onions.	<b>£4.95</b>
<b>SORRENTO</b> Tuna mayonnaise with Swiss cheese.	<b>£3.20</b>
<b>MILAN</b> French brie with crispy bacon & real ale chutney.	<b>£3.20</b>
<b>HAM HOCK</b> Ham hock & jack cheese.	<b>£3.40</b>
<b>PALERMO</b> Falafell with mozzarella.	<b>£3.20</b>
<b>PAVIA</b> Blue cheese with sun blushed tomato, spinach & crispy onions.	<b>£3.20</b>
<b>DAYER'S BEEF PATTI</b> 2 x 3oz hand crafted beef patties, served in a traditional toasted bun, with pickles, cheddar cheese, tomatoes & crisp lettuce. Add fries	<b>£5.50</b> <b>£1.20</b>
<b>DAYER'S SPICY LAMB PATTI</b> Succulent hand crafted lamb, chilli & rosemary. Patties served in a toasted bun with pickles, ale chutney & crispy lettuce. Add fries	<b>£5.95</b> <b>£1.20</b>
<b>SOUTHERN FRIED CHICKEN BURGER</b> With sour cream, salsa & crisp lettuce.	<b>£5.50</b>
<b>CURRY OF THE DAY</b>	<b>£5.95</b>
<b>CHICKEN, BEEF OR KING PRAWN CHOW MEIN</b>	<b>£5.95</b>
<b>CRISPY DUCK STIR FRY</b>	<b>£5.95</b>
<b>CHICKEN OR VEGETABLE ARRABIATA SPAGHETTI</b>	<b>£5.95</b>

## DAYERS FILLERS

Choose from our farmhouse bread, white or malted baguette or the bread of the day from **£3.00**

**BLUE SHROPSHIRE CHEESE WITH CELERY, WATERCRESS & CHUTNEY**

**HAM CHEESE & COLESLAW**

**HAM & SLICED PICKLES**

**SWISS TURKEY CLUB**

Turkey with bacon, swiss cheese, crisp lettuce & mayo.

**NEW YORKER**

Pastrami, sauerkraut, pickles, turkey & mustard mayo.

**STICKY SOY CHICKEN WITH HONEY & GINGER SOY SAUCE**

**CHICKEN TIKKA SALAD DRY MARINATED TIKKA**  
With watercress, spring onion & minted sour cream.

**CAJUN CHICKEN & AVO**

With crisp lettuce & bacon.

**BLT**

**TUNA MAYONNAISE**

With salad, cucumber, red onion & tomato.

**SMOKED SALMON, PRAWN & AVOCADO**

**SMOKED SALMON & CREAM CHEESE**

**EGGS WITH SPINACH & TOMATO IN MAYONNAISE WITH MUSTARD**

**BRIE WITH SUN BLUSHED TOMATOES, ROCKET & AVOCADO**

**CHICKEN BACON & MAYONNAISE**

With rocket & red onion.



## TAKE OUT MENU

FOOD IS AN IMPORTANT  
PART OF A BALANCED DIET  
FRAN LEBOWITZ

[WWW.DAYERS.CO.UK](http://WWW.DAYERS.CO.UK)



## RISE AND SHINE

<b>POACHED EGG PROTEIN POTS</b>	<b>£4.25</b>
<b>THE FULL POT</b> Poached egg, saucy beans, ham hock, sausage & tomatoes.	
<b>THE VEGE POT</b> Poached egg, saucy beans, spinach, mushrooms & tomatoes.	
<b>THE OMEGA POT</b> Poached egg, smoked salmon, spinach, avocado & bechamel sauce.	
<b>BACON BAGUETTE</b>	<b>£2.85</b>
<b>SAUSAGE BAGUETTE</b>	<b>£2.85</b>
<b>THE FULL MONTY</b>	<b>£4.25</b>
Bacon, egg, sausage, hash brown, mushrooms & tomato	
<b>THE VEGGE MONTY</b>	<b>£3.95</b>
Vege sausage, hash brown, mushrooms, tomato & fried egg.	
<b>EXTRAS</b>	
Add tomatoes, mushrooms, hash brown, egg, bacon, sausage to any baguette/bap or sandwich for <b>£0.50</b> each.	
<b>3 EGG OMELETTE</b>	<b>£3.75</b>
Choose up to 3 fillings. Choose between – spinach, cheese, ham, tomato, avocado, peppers, onions or bacon.	
<b>6 EGG OMELETTE</b>	<b>£6.00</b>
Choose up to 3 fillings. Choose between – spinach, cheese, ham, tomato, avocado, peppers, onions or bacon.	
<b>PORRIDGE POTS</b>	<b>£1.50</b>
<b>GRANOLA ON THE GO</b>	<b>£2.25</b>

## SOUPS

Served with crusty bread our soups are made fresh every morning in our kitchens. We use the finest ingredients to make our delicious soups.

**£2.45/£2.75**

## JACKETS

Choose from: Chilli, beans, cheese, tuna, coleslaw.

<b>1 FILLING</b>	<b>£3.20</b>
<b>2 FILLINGS</b>	<b>£4.00</b>
<b>EXTRA FILLINGS</b>	<b>£0.80</b>

## STREETS AHEAD

<b>DAYER'S BURRITOS</b>	<b>£4.50</b>
A 12" tortilla stuffed with fragrant rice, cheese & your choice of protein.	
<b>MEXICAN CHILLI BEEF &amp; SOUR CREAM</b>	
<b>FALAFEL &amp; SOUR CREAM WITH SALSA</b>	
<b>PULLED PORK &amp; BBQ</b>	
<b>JERK CHICKEN &amp; SOUR CREAM</b>	
<b>DAYER'S SMOTHERED FRIES</b>	<b>£4.50</b>
Stay crisp fries smothered in Dayer's sauce & topped with your choice of:	
<b>PIGGIN LOVELY</b> Pulled pork, redslaw & jalapeno.	
<b>NEW YORKING</b> Peppered pastrami, pickles, sour cream & mustard mayo	
<b>ROAD TRIP</b> Smoked crispy bacon, crispy floured onions, jack cheese & sour cream salsa.	
<b>DUCKING LOVELY!</b> Crispy fried duck, spring onions, cucumber & hoi sin sauce, coriander & sesame seeds.	
<b>VEGGE TOP</b> Stir fried vegetables, jalapeno's & mozzarella.	
<b>FOULING AROUND</b> Pulled chicken with peppers in a hickory sauce with redslaw & jalapeno's.	
<b>IT'S A WRAP</b>	<b>£4.25</b>
Our delicious paninette wraps are low in salt & sugar & hot off the streets.	
<b>SERVED HOT</b>	
<b>CRISPY CHILLI CHICKEN</b> Spiced crumbed chicken fillets with crisp lettuce, watercress, avo, & sweet chilli jam.	
<b>THAI KING PRAWN</b> Deep fried in our tempura Thai batter with lemon mayo, crisp lettuce, cucumber & redslaw.	
<b>MIGHTY MEATBALLS</b> With mozzarella, jalapeno & spicy tomato sauce.	
<b>SERVED COLD</b>	
<b>TIKKA</b> Marinated chicken breast with crisp lettuce, minted mayonnaise & Dayer's Bharji style onions.	
<b>HAM HOCK</b> Delicious slow cooked ham with buffalo mozzarella, tomatoes & watercress.	
<b>FALAFEL</b> Falafel with peppers, onions & crisp lettuce.	

## SALADS & PROTEIN LUNCHES

<b>SALADS</b>	
<b>DAYER'S CLASSIC SALADS</b>	<b>£4.20</b>
Mixed leaves with egg, tomato, cucumber, slaw, sweet corn & your choice of protein.	
<b>LEMON CAJUN CHICKEN</b>	
<b>TUNA MAYONNAISE</b>	
<b>PRAWN IN SEAFOOD SAUCE</b>	
<b>BUFFALO MOZZARELLA</b>	
<b>TUNA NISCOISE</b>	<b>£4.50</b>
Mixed leaves, new potatoes, green beans, olives & tomatoes with seasoned tuna & egg.	
<b>SPRING SALMON SALAD</b>	<b>£4.50</b>
On a bed of couscous & beetroot salad, salmon flakes with spring onion, watercress & radish.	
<b>TIKKA &amp; BHARJI SALAD</b>	<b>£4.50</b>
Dry marinated chicken breast with spinach & floured crisp onions, couscous & minted sour cream & chive dressing.	
<b>SQUASH &amp; FETA</b>	<b>£4.50</b>
Pan fried butternut squash with sliced radish, avocado, feta, watercress & crisp lettuce.	
<b>PROTEIN LUNCHES</b>	
<b>MAC N CHEESE</b>	<b>£4.95</b>
Pasta tubes in a mature cheddar bechamel sauce with spinach, kale & parmesan.	
<b>MAC N CHEESE &amp; HAM HOCK</b>	<b>£4.95</b>
Pasta tubes in a mature cheddar bechamel sauce with spinach & parmesan.	
Fragrant rice pan fried with spinach, served with our own kaleslaw & your choice of protein.	
<b>A WHOLE CAJUN CHICKEN BREAST</b>	<b>£6.25</b>
<b>A WHOLE SEASONED CHICKEN BREAST</b>	<b>£6.25</b>
<b>SALTED COD FILLET</b>	<b>£6.25</b>
<b>PAN FRIED SQUASH</b>	<b>£4.50</b>